The Project Air Strategy for Personality Disorders, Illawarra Health and Medical Research Institute, Wollongong University Clinical Psychology program and NSW Ministry of Health invite you to a one day Friday conference on the treatment of personality disorders, followed by a clinical workshop on Saturday. The theme “New Research Frontiers and Discoveries” provides a unique opportunity to be updated with the latest research in Australia and internationally. Experts in the field will present a variety of papers and posters covering topics including the lived experience, research, and innovative service developments.

The SATURDAY WORKSHOP is presented by Professor Eric Fertuck (New York, USA) will allow delegates the opportunity to learn from the clinical skills of Professor Fertuck as he provides a clinical workshop full of video case illustrations, live displays of therapy, and an introduction to the theory and technique of Transference-Focused Psychotherapy.

The FRIDAY CONFERENCE will feature three keynote talks.

**Anne Reeve** (NEA.BPD Australia) will present her lived experiences from a carer’s perspective on “The fractious path from chaos to calm”.

**Professor Henry Jackson** (University of Melbourne) will present on the “Landmarks in personality research over the past 25 years – and future directions.”

**Professor Eric Fertuck** (New York, USA) will present on “Synergy of mind and brain in borderline personality disorder: A social neuroscience approach”.

There will be a number of other speakers throughout the conference presenting on research, service developments and innovative approaches to treatment. Professor Brin Grenyer will discuss innovations in service design for people with personality disorder, and Dr Carla Walton will present on new research comparing the conversational model with dialectical behaviour therapy.

Anne Reeve is a carer with lived experience who founded the Australian arm of the National Education Alliance of Borderline Personality Disorder (NEA.BPD). Anne and her husband are parents to two beautiful children. Along with board directors, Perry Hoffman and Andrew Chanen, she works to raise awareness of BPD, promote compassion and hope for recovery, and aid in the dissemination of evidence-based treatments and programs for clinicians and carers.

Professor Henry Jackson is Emeritus Professor in the School of Psychological Sciences at the University of Melbourne. He is a clinical psychologist with expertise in personality disorders including a focus on youth mental health and early psychosis. He is the winner of the Distinguished Career Award of the Australian Association of Cognitive and Behavioural Therapy, winner of the Australian Psychological Society Ian Matthew Campbell Prize in clinical psychology, and has been made a Fellow of the Academy of Social Sciences in Australia.

Professor Eric Fertuck contributes to the Clinical Psychology Ph.D. Program of the City University of New York, and is a member of the Personality Studies Institute. His original and influential research utilises a social cognitive neuroscience approach to understand mechanisms of psychological disturbance and their treatment. He has been funded by the USA National Institute of Mental Health and the American Foundation for Suicide Prevention, and recieved the Young Investigator Award of the International Society for the Study of Personality Disorders.
This workshop is designed to teach the theory and technique of Transference Focused Psychotherapy (TFP). TFP is a form of psychodynamic psychotherapy developed over the last 30 years for people with personality disorders, particularly Borderline Personality Disorder (BPD). It is an evidence based treatment by the criteria of accrediting institutions and governmental health care services.

The treatment of individuals with personality disorders is one of the most challenging areas in mental health. Traditionally, clinicians have been pessimistic regarding the treatability and outcome of disorders such as BPD. This outmoded attitude has been countered by several empirically supported psychotherapies for BPD that now have some success in decreasing suicidal and self-harming behaviours.

Building on these outcomes, an increasing body of clinical experience and research now shows that TFP can help people reduce suicidality and achieve enduring improvements in their ability to develop positive, enriched relationships with others and improved coherence in their personality and identity.

This TFP workshop will teach delegates the theory, research, and fundamental techniques of TFP. TFP is a practical treatment that prepares the therapists to provide effective treatment with less chaos and stress than is commonly experienced with the treatment of individuals with BPD. This interactive workshop will include didactic lectures, along with videotaped and live demonstrations of technique.

By the end of the workshop participants will be able to (a) understand an object relations theory of personality and assessment, (b) conceptualise how object relations theory informs the treatment frame and techniques of TFP, and (c) differentiate the fundamental techniques of TFP as applied to individual cases.

Eric Fertuck is an experienced therapist and presenter who draws on his expertise in research and clinical practice to provide innovative and interactive training workshops internationally. His work features live demonstrations of therapy techniques. He is a graduate of the Columbia University Center for Psychoanalytic Training and Research and a certified supervisor in TFP for BPD and other severe personality disorders, serving and providing consultation on a number of TFP teams in the United States, Australia, Mexico and Poland.
Invitation to present at the conference:

Due date: 30 August 2016

We invite presentations and posters to update on research, new innovations and treatment extensions within personality disorder services (e.g. model, structure, implementation, and evaluation), or presentations on another issue relevant to personality disorders. You will be informed prior to the conference about your presentation and the duration. Depending on time constraints, not all applications to present may be allocated in the program, and some may be requested to prepare posters.

Poster size should be approximately 80 cm across x 100cm high.

Please specify: Presentation Type /Brief Oral Presentation/ Poster / Both Brief Oral Presentation & Poster; Presenter and presenters affiliation.

Title of presentation.

Short description/abstract (max 150 words)

Email your presentation proposal to info-projectair@uow.edu.au.

Conference Location:

The conference is set among the spectacular coastal and forested environment surrounding the University of Wollongong - approximately one hour south of Sydney depending on your location and the time of day.

Conference venue - The conference will be held in the McKinnon Building (Building 67), in the centre of the beautiful University of Wollongong campus. For maps of the University and directions, see http://www.uow.edu.au/transport/maps/index.html.

Sydney Airport provides excellent connections to Wollongong from the airport train or by booking a shuttle/limousine.

Sydney Trains - Take the 90 min scenic train to North Wollongong station (http://www.sydneytrains.info) followed by a short bus connection or 15 min walk. A free shuttle bus service, 'The Gong Shuttle' regularly runs to and from the University, train station and hotels, or the trip is a short taxi ride.

Driving by car - From Sydney drive south past Sutherland on the Princes Highway then M1 Motorway and take the second exit at the bottom of Mt Ousley (signposted ‘University’). The Western Car Park is closest to the conference venue; enter via the Western Entrance along Northfields Avenue. Parking fees apply.

Further information - For information on Wollongong, see: www.uow.edu.au/about/wollongong.

10th Annual Conference on the Treatment of Personality Disorders

Registration:
Registration is online only with credit card (Visa or MasterCard) at www.projectairstrategy.org

When you register please have your credit card handy so that you can complete the registration process. Below is information about registration and what you need to know when you go online to register. Please note that we recommend you register early as places are limited and when full we will suspend registrations and open a waiting list. Unfortunately we are unable to hold a place unless payment has been received online using a credit card. If your employer is likely to be slow in making a payment, the safest way to secure a place at the conference is to pay for it yourself and then request a refund from your employer.

Fees:
There is a small registration fee to recover costs including catering.

Early Bird Registration
if paid by 25 September 2016
$105 Conference Day 1
$115 Workshop Day 2
$220 Conference & Workshop Day 1 & 2

Standard Registration
$125 Conference Day 1
$135 Workshop Day 2
$260 Conference & Workshop Day 1 & 2

Student Registration
$70 Conference Day 1
$80 Workshop Day 2
$150 Conference & Workshop Day 1 & 2

Students must email their student ID card or enrolment record to info-projectair@uow.edu.au.

All prices inclusive of GST

Tea and coffee on arrival, a light lunch, morning and afternoon tea is provided.

General enquiries:
email: info-projectair@uow.edu.au
Phone: (02) 4298 1571

Accommodation:
Special conference rates have been negotiated with three hotels Adina Apartment Hotel Wollongong, Sage Hotel Wollongong and Novotel Wollongong Northbeach.
The accommodation special rates are only available when booking as part of the conference registration process online at www.projectairstrategy.org.