4th Annual Conference on the
TREATMENT OF PERSONALITY DISORDERS:
Consolidating Collaboration

November 5th 2010
10:00 AM - 4:00 PM

Venue: Northfields Clinic
UNIVERSITY OF WOLLONGONG
Note: Conference is in Bldg 21 Room 105 (building next to the clinic)

The Illawarra Health and Medical Research Institute welcomes you to this one-day conference on the treatment of personality disorders. The conference is hosted by the University of Wollongong Clinical Psychology program and the SESIAHS Specialist Psychological Service that together comprise the Illawarra Affect Regulation Clinic for Borderline Personality Disorder. The theme 'Consolidating Collaboration' highlights the importance of collaborative care - partnerships between GPs, Psychiatrists, Schools, Community and Acute Services and Private services, but also to reinforce our collaboration across NSW, Australia and Internationally.

The aim is to first provide an opportunity for professional development through a series of short presentations on current issues in the field, and second to provide a networking opportunity to develop linkages amongst a range of both private and public community services providing treatment for borderline personality disorder.

This conference is free of charge however is by invitation only to active clinicians working with borderline personality disorder, so registration is strictly limited and essential. Lunch will be provided.

Conference Hosts:
Brin Grenyer and Chris Allan (University of Wollongong), and Dianne Mooney-Reh, Danielle Ciaglia and Ann Bailey (Illawarra Specialist Psychological Service SESIAHS)
Inquiries to: Chris Allan, Northfields Psychology Clinic, Northfields Avenue
University of Wollongong NSW 2522 Or email: callan@uow.edu.au

Location:
The University of Wollongong is approximately 1 - 2 hours south of Sydney depending on your location and the time of day. Drive south past Sutherland onto the F6 and take the second exit at the bottom of Mt Ousley (signposted 'University'). The conference will be held in Building 21 Room 105 which is right next Northfields Clinic and Illawarra Institute for Mental Health. For maps of the University and directions, see www.uow.edu.au/about/maps.html. The Western Car park is closest to the conference venue, enter via the Western Entrance along Northfields Avenue. Parking fees apply. For information on Wollongong, see: www.uow.edu.au/about/wollongong/index.html. A train service is available to North Wollongong (via Central Station www.cityrail.info/) followed by a short bus connection or 15 min walk. Consult Tourism Wollongong for accommodation advice: www.tourismwollongong.com.au/.
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Final Program
5th November 2010

10am Welcome from the conference hosts

Round table discussion and evaluation "Current and future perspectives and priorities for the treatment of personality disorders in NSW"

11am "The Spectrum Model of a State-Wide Personality Disorders Service"
Dr Sathya Rao, Clinical Director, Spectrum Victoria.
Spectrum supports the treatment of people who have severe or borderline personality disorder that are being treated by Victorian State Government funded Area Mental Health Services (AMHS, CAMHS and other state-wide mental health services). There is an emphasis on those who are at risk from serious self-harm or suicide, who have particularly complex needs.

12 noon "Early interventions, self-harm and mood mapping for personality disorders"
Professor Kay Wilhelm, School of Psychiatry, Faculty of Medicine, UNSW; Senior Staff Specialist, Consultation Liaison Psychiatry; Director, Faces in the Street, St Vincent’s and Mater Health Urban Mental Health Research

12.45-1.30 lunch

1.30 - 2.15 Conference Highlights from the 1st International Borderline Personality Disorder Conference, Berlin Germany July 2010
Dr Carla Walton and Tania Alexander

2.15 "What is new in the treatment of personality disorders? Updates of recent research and implications for service delivery"
Professor Brin Grenyer, Illawarra Health and Medical Research Institute and University of Wollongong

Results of the Round table on "Current and future perspectives and priorities for the treatment of personality disorders in NSW"

3pm Research, Clinical Updates and Open Discussion
Julia Shearsby: Addition of a psychotherapy group for graduates of the DBT group.
Fazeela Zolfaghari: Creating a meta-framework in therapy to suit a local ecology: Throwing out the bathwater but not the baby

4pm Close