5th Annual Conference on the TREATMENT OF PERSONALITY DISORDERS: Engaging Carers and Services

Friday 4 November 2011
10:00 AM - 4:00 PM
Venue: McKinnon Building (Building 67, Room 104)
UNIVERSITY OF WOLLONGONG

The Illawarra Health and Medical Research Institute, Northfields Clinic Clinical Psychology program, and NSW Health (Illawarra and Shoalhaven Local Health District and South East Sydney Local Health District) invite you to a one day conference on the treatment of personality disorder. The theme ‘Engaging Carers and Services’ highlights the importance of partnerships between health services, consumers, carers and the broader community, but also reinforces our need to share and collaborate across Australia and Internationally.

The aim is to first provide an opportunity for professional development through a series of short presentations on current issues in the field, and second to provide a networking opportunity to develop linkages amongst a range of both private and public community services providing treatment for borderline personality disorder.

This conference is free of charge however is by invitation only to active clinicians working with personality disorder, so registration is strictly limited and essential. A light lunch will be provided.

Inquiries to:
Kelly Hutchison
Project Administration Assistant
Treatmet of Personality Disorders Project
Tel: +61 2 4298 1571
Fax: +61 2 4221 8130
Email: kellyh@uow.edu.au

or

Chris Allan
Northfields Psychology Clinic
Email: callan@uow.edu.au

Location:
The University of Wollongong is approximately 1 - 2 hours south of Sydney depending on your location and the time of day. Drive south past Sutherland onto the F6 and take the second exit at the bottom of Mt Ousley (signposted 'University'). The conference will be held in Building 67, Room 104 see campus map attached. For further directions to the University see: www.uow.edu.au/transport/index.html. Either the South Western Car Park (P3) or the Western Car Park (P4) would be the closest to the conference venue; enter via the Western Entrance along Northfields Avenue. Parking fees apply. For information on Wollongong, see: www.uow.edu.au/about/wollongong/index.html. A train service is available to North Wollongong (via Central Station www.cityrail.info/) followed by a short bus connection or 15 min walk. Consult Tourism Wollongong for accommodation advice: www.tourismwollongong.com.au.
5th Annual Conference on the
TREATMENT OF PERSONALITY DISORDERS:
Engaging Carers and Services
Friday 4 November 2011

Program

9:30 am  Registration opens
10:00 am  WELCOME

Conference opening:
**Assoc Professor John Allan**, NSW Chief Psychiatrist. Professor Allan is Chair of the NSW Health Project Air Strategy for Personality Disorders Expert Advisory Committee.

10:15 am  **Ms Janne McMahon OAM** - "Carer perspectives on Borderline Personality Disorder."
Ms McMahon is Independent Chair, Private Mental Health Consumer Carer Network (Australia). The Private Mental Health Consumer Carer Network based in South Australia provides advocacy and advice to the community, private and public health services, professional organisations, and governments, on issues to do with mental health. In particular it is engaged in raising awareness of Borderline Personality Disorder.

11:00 am  **Dr Michael Paton** - "The challenges of working with complexity in public mental health services."
Dr Paton is Clinical Director, Mental Health Drug and Alcohol Northern Sydney Local Health District & Central Coast Local Health District, NSW Health Service - Health Reform Transitional Office Northern.

11:45 am  **Jane Morton** - "Outcomes and Mediators of Change in a Randomised Controlled Trial of an Acceptance and Commitment Therapy Group for Clients of Public Sector Mental Health Services with Symptoms of Borderline Personality Disorder."
Spectrum, the Personality Disorder Service for Victoria, Melbourne, Australia.

12.30-1.15pm  LUNCH

1:15 pm  **Ms Eileen McDonald** - "A national carer perspective on Personality Disorders."
Ms McDonald is a carer representative on many relevant groups related to Borderline Personality Disorder, including the Ministerial BPDERG, NMHCCF, Board of Directors Carers NSW, MHCA National Register MH Consumer and Carer Representatives.

1:30 pm  **Associate Professor Andrew Chanen** - "Updates of recent research in Personality Disorders and highlights from the ISSPD Melbourne 2011 conference."
Professor Chanen is from the Orygen Youth Health and University of Melbourne, and President of the International Society for the Study of Personality Disorders.

2:15 pm  **Professor Brin Grenyer** - "Working with clinicians to deliver effective Personality Disorder services: some findings and reflections on evidence based practices."
Illawarra Health and Medical Research Institute and Project Air Strategy for Personality Disorders.

Short papers:

2.45pm  **Claudia Mendez** - "Supporting carers, supporting consumers: the integration of a support and education group for carers and consumer in a DBT program."

3:00pm  **Matt Frize** - "A systemic approach to DBT for people with BPD and Intellectual Disability."

3.15pm  **Susan Coleman** - "Peer consultation groups for psychotherapists working with BPD: our experience of enhancing team effectiveness."

3.30pm  **Andrew Phipps** - "Using service utilisation data to increase resources for the treatment of BPD."

4:00 pm  CLOSE